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|  | | March 2024 | | | | | | |
| Miyota, Nagano, Japan | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 6:16 AM  Sunset: 5:40 PM  Daylight: 11 hours and 24 minutes. | Sunrise: 6:14 AM  Sunset: 5:41 PM  Daylight: 11 hours and 26 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 6:13 AM  Sunset: 5:42 PM  Daylight: 11 hours and 28 minutes. | Sunrise: 6:12 AM  Sunset: 5:43 PM  Daylight: 11 hours and 30 minutes. | | Sunrise: 6:10 AM  Sunset: 5:44 PM  Daylight: 11 hours and 33 minutes. | Sunrise: 6:09 AM  Sunset: 5:44 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:08 AM  Sunset: 5:45 PM  Daylight: 11 hours and 37 minutes. | Sunrise: 6:06 AM  Sunset: 5:46 PM  Daylight: 11 hours and 40 minutes. | Sunrise: 6:05 AM  Sunset: 5:47 PM  Daylight: 11 hours and 42 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 6:03 AM  Sunset: 5:48 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 6:02 AM  Sunset: 5:49 PM  Daylight: 11 hours and 47 minutes. | | Sunrise: 6:00 AM  Sunset: 5:50 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 5:59 AM  Sunset: 5:51 PM  Daylight: 11 hours and 51 minutes. | Sunrise: 5:58 AM  Sunset: 5:52 PM  Daylight: 11 hours and 54 minutes. | Sunrise: 5:56 AM  Sunset: 5:53 PM  Daylight: 11 hours and 56 minutes. | Sunrise: 5:55 AM  Sunset: 5:53 PM  Daylight: 11 hours and 58 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:53 AM  Sunset: 5:54 PM  Daylight: 12 hours and 0 minutes. | Sunrise: 5:52 AM  Sunset: 5:55 PM  Daylight: 12 hours and 3 minutes. | | Sunrise: 5:50 AM  Sunset: 5:56 PM  Daylight: 12 hours and 5 minutes. | Sunrise: 5:49 AM  Sunset: 5:57 PM  Daylight: 12 hours and 7 minutes. | Sunrise: 5:47 AM  Sunset: 5:58 PM  Daylight: 12 hours and 10 minutes. | Sunrise: 5:46 AM  Sunset: 5:59 PM  Daylight: 12 hours and 12 minutes. | Sunrise: 5:45 AM  Sunset: 5:59 PM  Daylight: 12 hours and 14 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:43 AM  Sunset: 6:00 PM  Daylight: 12 hours and 17 minutes. | Sunrise: 5:42 AM  Sunset: 6:01 PM  Daylight: 12 hours and 19 minutes. | | Sunrise: 5:40 AM  Sunset: 6:02 PM  Daylight: 12 hours and 21 minutes. | Sunrise: 5:39 AM  Sunset: 6:03 PM  Daylight: 12 hours and 24 minutes. | Sunrise: 5:37 AM  Sunset: 6:04 PM  Daylight: 12 hours and 26 minutes. | Sunrise: 5:36 AM  Sunset: 6:05 PM  Daylight: 12 hours and 28 minutes. | Sunrise: 5:34 AM  Sunset: 6:05 PM  Daylight: 12 hours and 31 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:33 AM  Sunset: 6:06 PM  Daylight: 12 hours and 33 minutes. |  | |  |  |  |  |  |