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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | March 2024 | | | | | | |
| Helena, Oklahoma, United States | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 7:03 AM  Sunset: 6:27 PM  Daylight: 11 hours and 23 minutes. | Sunrise: 7:02 AM  Sunset: 6:28 PM  Daylight: 11 hours and 26 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 7:00 AM  Sunset: 6:29 PM  Daylight: 11 hours and 28 minutes. | Sunrise: 6:59 AM  Sunset: 6:30 PM  Daylight: 11 hours and 30 minutes. | | Sunrise: 6:58 AM  Sunset: 6:31 PM  Daylight: 11 hours and 32 minutes. | Sunrise: 6:56 AM  Sunset: 6:31 PM  Daylight: 11 hours and 35 minutes. | Sunrise: 6:55 AM  Sunset: 6:32 PM  Daylight: 11 hours and 37 minutes. | Sunrise: 6:53 AM  Sunset: 6:33 PM  Daylight: 11 hours and 39 minutes. | Sunrise: 6:52 AM  Sunset: 6:34 PM  Daylight: 11 hours and 42 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:51 AM  Sunset: 7:35 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 7:49 AM  Sunset: 7:36 PM  Daylight: 11 hours and 46 minutes. | | Sunrise: 7:48 AM  Sunset: 7:37 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 7:46 AM  Sunset: 7:38 PM  Daylight: 11 hours and 51 minutes. | Sunrise: 7:45 AM  Sunset: 7:39 PM  Daylight: 11 hours and 53 minutes. | Sunrise: 7:43 AM  Sunset: 7:40 PM  Daylight: 11 hours and 56 minutes. | Sunrise: 7:42 AM  Sunset: 7:40 PM  Daylight: 11 hours and 58 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:40 AM  Sunset: 7:41 PM  Daylight: 12 hours and 0 minutes. | Sunrise: 7:39 AM  Sunset: 7:42 PM  Daylight: 12 hours and 3 minutes. | | Sunrise: 7:37 AM  Sunset: 7:43 PM  Daylight: 12 hours and 5 minutes. | Sunrise: 7:36 AM  Sunset: 7:44 PM  Daylight: 12 hours and 7 minutes. | Sunrise: 7:35 AM  Sunset: 7:45 PM  Daylight: 12 hours and 10 minutes. | Sunrise: 7:33 AM  Sunset: 7:46 PM  Daylight: 12 hours and 12 minutes. | Sunrise: 7:32 AM  Sunset: 7:47 PM  Daylight: 12 hours and 15 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 7:30 AM  Sunset: 7:48 PM  Daylight: 12 hours and 17 minutes. | Sunrise: 7:29 AM  Sunset: 7:48 PM  Daylight: 12 hours and 19 minutes. | | Sunrise: 7:27 AM  Sunset: 7:49 PM  Daylight: 12 hours and 22 minutes. | Sunrise: 7:26 AM  Sunset: 7:50 PM  Daylight: 12 hours and 24 minutes. | Sunrise: 7:24 AM  Sunset: 7:51 PM  Daylight: 12 hours and 26 minutes. | Sunrise: 7:23 AM  Sunset: 7:52 PM  Daylight: 12 hours and 29 minutes. | Sunrise: 7:21 AM  Sunset: 7:53 PM  Daylight: 12 hours and 31 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 7:20 AM  Sunset: 7:54 PM  Daylight: 12 hours and 33 minutes. |  | |  |  |  |  |  |