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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2024 | | | | | |
| Spring Lake Heights, New Jersey, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 7:18 AM  Sunset: 4:40 PM  Daylight: 9 hours and 21 minutes. | Sunrise: 7:18 AM  Sunset: 4:40 PM  Daylight: 9 hours and 22 minutes. | Sunrise: 7:18 AM  Sunset: 4:41 PM  Daylight: 9 hours and 23 minutes. | Sunrise: 7:18 AM  Sunset: 4:42 PM  Daylight: 9 hours and 23 minutes. | Sunrise: 7:18 AM  Sunset: 4:43 PM  Daylight: 9 hours and 24 minutes. | Sunrise: 7:18 AM  Sunset: 4:44 PM  Daylight: 9 hours and 25 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 7:18 AM  Sunset: 4:45 PM  Daylight: 9 hours and 26 minutes. | Sunrise: 7:18 AM  Sunset: 4:46 PM  Daylight: 9 hours and 27 minutes. | Sunrise: 7:18 AM  Sunset: 4:47 PM  Daylight: 9 hours and 28 minutes. | Sunrise: 7:18 AM  Sunset: 4:48 PM  Daylight: 9 hours and 30 minutes. | Sunrise: 7:18 AM  Sunset: 4:49 PM  Daylight: 9 hours and 31 minutes. | Sunrise: 7:17 AM  Sunset: 4:50 PM  Daylight: 9 hours and 32 minutes. | Sunrise: 7:17 AM  Sunset: 4:51 PM  Daylight: 9 hours and 33 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 7:17 AM  Sunset: 4:52 PM  Daylight: 9 hours and 35 minutes. | Sunrise: 7:16 AM  Sunset: 4:53 PM  Daylight: 9 hours and 36 minutes. | Sunrise: 7:16 AM  Sunset: 4:54 PM  Daylight: 9 hours and 38 minutes. | Sunrise: 7:16 AM  Sunset: 4:55 PM  Daylight: 9 hours and 39 minutes. | Sunrise: 7:15 AM  Sunset: 4:56 PM  Daylight: 9 hours and 41 minutes. | Sunrise: 7:15 AM  Sunset: 4:57 PM  Daylight: 9 hours and 42 minutes. | Sunrise: 7:14 AM  Sunset: 4:59 PM  Daylight: 9 hours and 44 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 7:14 AM  Sunset: 5:00 PM  Daylight: 9 hours and 46 minutes. | Sunrise: 7:13 AM  Sunset: 5:01 PM  Daylight: 9 hours and 47 minutes. | Sunrise: 7:12 AM  Sunset: 5:02 PM  Daylight: 9 hours and 49 minutes. | Sunrise: 7:12 AM  Sunset: 5:03 PM  Daylight: 9 hours and 51 minutes. | Sunrise: 7:11 AM  Sunset: 5:04 PM  Daylight: 9 hours and 53 minutes. | Sunrise: 7:10 AM  Sunset: 5:06 PM  Daylight: 9 hours and 55 minutes. | Sunrise: 7:10 AM  Sunset: 5:07 PM  Daylight: 9 hours and 57 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 7:09 AM  Sunset: 5:08 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 7:08 AM  Sunset: 5:09 PM  Daylight: 10 hours and 1 minute. | Sunrise: 7:07 AM  Sunset: 5:10 PM  Daylight: 10 hours and 3 minutes. | Sunrise: 7:06 AM  Sunset: 5:12 PM  Daylight: 10 hours and 5 minutes. |  |  |  |