



# January 2024

## Helena, Arkansas, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sunrise: 7:08 AM Sunset: 5:01 PM Daylight: 9 hours and 52 minutes.	2 Sunrise: 7:09 AM Sunset: 5:02 PM Daylight: 9 hours and 53 minutes.	3 Sunrise: 7:09 AM Sunset: 5:03 PM Daylight: 9 hours and 54 minutes.	4 Sunrise: 7:09 AM Sunset: 5:04 PM Daylight: 9 hours and 54 minutes.	5 Sunrise: 7:09 AM Sunset: 5:05 PM Daylight: 9 hours and 55 minutes.	6 Sunrise: 7:09 AM Sunset: 5:05 PM Daylight: 9 hours and 56 minutes.
7 Sunrise: 7:09 AM Sunset: 5:06 PM Daylight: 9 hours and 56 minutes.	8 Sunrise: 7:09 AM Sunset: 5:07 PM Daylight: 9 hours and 57 minutes.	9 Sunrise: 7:09 AM Sunset: 5:08 PM Daylight: 9 hours and 58 minutes.	10 Sunrise: 7:09 AM Sunset: 5:09 PM Daylight: 9 hours and 59 minutes.	11 Sunrise: 7:09 AM Sunset: 5:10 PM Daylight: 10 hours and 0 minutes.	12 Sunrise: 7:09 AM Sunset: 5:11 PM Daylight: 10 hours and 1 minute.	13 Sunrise: 7:09 AM Sunset: 5:11 PM Daylight: 10 hours and 2 minutes.
14 Sunrise: 7:09 AM Sunset: 5:12 PM Daylight: 10 hours and 3 minutes.	15 Sunrise: 7:09 AM Sunset: 5:13 PM Daylight: 10 hours and 4 minutes.	16 Sunrise: 7:08 AM Sunset: 5:14 PM Daylight: 10 hours and 5 minutes.	17 Sunrise: 7:08 AM Sunset: 5:15 PM Daylight: 10 hours and 7 minutes.	18 Sunrise: 7:08 AM Sunset: 5:16 PM Daylight: 10 hours and 8 minutes.	19 Sunrise: 7:07 AM Sunset: 5:17 PM Daylight: 10 hours and 9 minutes.	20 Sunrise: 7:07 AM Sunset: 5:18 PM Daylight: 10 hours and 11 minutes.
21 Sunrise: 7:07 AM Sunset: 5:19 PM Daylight: 10 hours and 12 minutes.	22 Sunrise: 7:06 AM Sunset: 5:20 PM Daylight: 10 hours and 13 minutes.	23 Sunrise: 7:06 AM Sunset: 5:21 PM Daylight: 10 hours and 15 minutes.	24 Sunrise: 7:05 AM Sunset: 5:22 PM Daylight: 10 hours and 16 minutes.	25 Sunrise: 7:05 AM Sunset: 5:23 PM Daylight: 10 hours and 18 minutes.	26 Sunrise: 7:04 AM Sunset: 5:24 PM Daylight: 10 hours and 19 minutes.	27 Sunrise: 7:04 AM Sunset: 5:25 PM Daylight: 10 hours and 21 minutes.
28 Sunrise: 7:03 AM Sunset: 5:26 PM Daylight: 10 hours and 22 minutes.	29 Sunrise: 7:03 AM Sunset: 5:27 PM Daylight: 10 hours and 24 minutes.	30 Sunrise: 7:02 AM Sunset: 5:28 PM Daylight: 10 hours and 26 minutes.	31 Sunrise: 7:01 AM Sunset: 5:29 PM Daylight: 10 hours and 27 minutes.			